

## Professor Jorge Esteves, PhD, MA, BSc, DO

Professor, Osteopath

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<https://www.linkedin.com/pub/jorge-esteves/22/715/273>

### SUMMARY

- Experienced academic with national and internationally recognised knowledge of osteopathic and healthcare education, quality assurance practices and statutory regulatory processes and requirements.
- Highly motivated and inquisitive individual with a developing competence profile in research. Currently investigating the effects of gentle touch on perinatal care, and the effects of touch and pain on body and mind, particularly, how pain affects the way in which people process their emotions; how pain affects the sense of the self; and what is the role of touch in the modulation of pain, sense of the self and emotional processing.
- Extensive experience in curriculum development, planning, implementation, evaluation and quality assurance at undergraduate and postgraduate levels in the fields of osteopathy, research and higher professional education.
- Recognised excellence and innovation in clinical and research teaching, learning and assessment practices.
- Recognised ability to lead the development of osteopathy at local, national and international levels. Adaptive leadership style to suit the specific needs of disparate groups of academics, lay people and clinicians in academic, regulatory and professional practice settings.
- Experienced clinician with a well-developed competence profile; and an ability to critically appreciate the value of evidence based practice and to operate within multidisciplinary settings.

### EDUCATION

Oxford Brookes University

**PhD**

**2011**

Thesis: Diagnostic Palpation in Osteopathic Medicine: A Putative Neurocognitive Model of Expertise.

Oxford Brookes University

**MA in Education**

**2004**

Dissertation: Clinical Reasoning in Osteopathy: A Comparative Study of Experienced and Advanced Beginner Practitioners. Graduated with Distinction.

Oxford Brookes University

**Postgraduate Diploma in Learning and Teaching in Higher Education**

**2003**

Oxford Brookes University

**Postgraduate Certificate in Teaching in Higher Education**

**2001**

Oxford Brookes University

**BSc in Osteopathy**

**1998**

Oxford School of Osteopathy

**Diploma in Osteopathy**

**1993**

## AWARDS

|   |             |
|---|-------------|
| Honorary Member of the French Register of Osteopaths                                      | 2017        |
| BSO Outstanding People Award  | 2011        |
| International Conference on Advances in Osteopathic Research Experienced Researcher Award | 2010        |
| National Teaching Fellowship Scheme (NTFS): nominated in the category 'Rising Stars', UK  | 2004        |
| Oxford Brookes University Teaching Fellowship   | 2004 – 2006 |

## ACADEMIC AND PROFESSIONAL EXPERIENCE

*Current appointments*

|  |              |
|--|--------------|
| University College of Osteopathy, London, UK<br><b>Honorary Professor, Osteopathy</b>  | <b>2017-</b> |
| Instituto Piaget (Portuguese University), Lisbon, Portugal<br><b>Associate Professor, Osteopathy</b>   | <b>2016-</b> |
| <ul style="list-style-type: none"> <li>▪ Leading on the development, planning, accreditation and implementation and evaluation of the osteopathy pre-registration provision</li> </ul>   |              |
| MYO Osteopathy, Riyadh, Kingdom of Saudi Arabia<br><b>International Medical Consultant</b>   | <b>2016-</b> |
| <ul style="list-style-type: none"> <li>▪ Sourcing and Recruitment</li> <li>▪ Clinical Leadership, Clinical Governance, Quality and Patient Safety <ul style="list-style-type: none"> <li>○ To provide effective clinical leadership and to ensure regular, productive and open communication with staff.</li> <li>○ To develop and ensure that Clinical Governance, Quality and Patient Safety procedures are in place</li> </ul> </li> <li>▪ Leadership for transformational change</li> <li>▪ Partnership and cross boundary working</li> <li>▪ Research Governance</li> <li>▪ Education and training</li> </ul> |              |
| Instituto Brasileiro de Osteopatia, Brazil<br><b>Visiting Professor</b>  | <b>2016-</b> |
| Ecole Supérieure d'Ostéopathie, Paris, France<br><b>Member of the Scientific Advisory Board</b>  | <b>2014-</b> |
| Elsevier, International Journal of Osteopathic Medicine, Oxford, UK<br><b>Associate Editor</b>   | <b>2013-</b> |
| <ul style="list-style-type: none"> <li>▪ Member of the Editorial Board and Section Editor (Education) of International Journal of Osteopathic Medicine</li> <li>▪ Management of education related submissions. Journal development</li> </ul>  |              |
| Centre for Osteopathic Medicine (COME) Collaboration, Pescara, Italy<br><b>Member of the Board of Directors</b><br><b>Researcher</b>   | <b>2015-</b> |
| <ul style="list-style-type: none"> <li>▪ Researcher – Clinical and Research Divisions.</li> </ul>  |              |

Malta National Commission for Further and Higher Education, Malta

**Osteopathy Subject Reviewer**

**2016-**

- Independent evaluator of home-grown qualifications in the field of osteopathy which are being accredited against the Malta Qualifications Framework

Quebec Association of Universities (Bureau de Coopération Interuniversitaire), Canada

**Osteopathy Subject Reviewer**

**2017-**

- Independent evaluator of Masters Programme in Osteopathy at the University of Sherbrooke, Canada

Osteopathie Schule Deutschland (OSD), Hamburg, Germany

**Member of the Scientific Advisory Board – Osteopathic Research Institute**

**2014-**

*Previous appointments*

British School of Osteopathy, London, UK

**Head of Research**

**2013-2016**

- Leading the development and implementation of the BSO's research and scholarship strategy.
- Playing key role in improving research education provision at the School and in the development of research capacity.
- Research active member of staff focused on investigating the role of diagnostic palpation in clinical decision making; and the links between emotional processing, chronic pain, body awareness and the role of touch in osteopathic treatment and patient care.
- Senior Lecturer in neuroscience and neurology
- Research supervision and teaching at masters and doctoral levels, incorporating Director of Studies, 2<sup>nd</sup> Supervisor and Training Roles.
- Member of the Research Degrees Committee at the University of Bedfordshire

General Osteopathic Council, London, UK

**Non-Executive Council Member (Registrant)**

**2012-2016**

- Member of Council and the Education and Standards Committee (2012-2016)
- Member of the Audit Committee (2016- current)
- The Council focuses on strategic development and major policy issues. The committees concentrate on implementing these policies.
- The General Osteopathic Council ensures that the interests of patients and the wider public are at the forefront of the regulation of osteopathy.

QAA – Quality Assurance Agency for Higher Education, UK

**Osteopathy Subject Reviewer**

**2005-2016**

- Participation in the work undertaken by the QAA on behalf of the General Osteopathic Council to monitor the standards of osteopathic education in the UK.

Instituto de Técnicas de Saúde, Lisbon, Portugal

**Consultant – Academic Director**

**2014-2016**

- Advising the school on the development and implementation of the osteopathy pre-registration and postgraduate provisions.

Escola Superior de Tecnologia de Saúde de Lisboa (Portuguese University),  
Lisbon, Portugal

**Visiting Professor**

**2014-2016**

Oxford Brookes University, Faculty of Health and Life Sciences, UK

**Visiting Researcher**

**2014-2015**

- Visiting Researcher - Movement Science Group based in the Faculty of Health and Life Sciences.

NVAO – Higher Education Accreditation Organisation of the Netherlands and Flanders, NL

**Osteopathy Subject Reviewer**

**2011-2014**

- Participation in the work undertaken by NVAO to accredit degrees in osteopathy in the Netherlands and Flanders.

Sri Sri University, Cuttack Odisha, India

**Consultant**

**2012-2013**

- Responsible for the development of the university osteopathy pre-registration curriculum.
- Advising the university on the development and implementation of the osteopathy pre-registration provision.

British School of Osteopathy, London, UK

**Head of Postgraduate Studies and Research Education**

**2010-2013**

- Instrumental in leading the development of the BSO's postgraduate and new pre-registration provision.
- Played key role in ensuring that the development of the postgraduate provision was informed by current developments in statutory regulatory, i.e. revalidation, and the need for an enhanced competence profile as articulated in the Osteopathic Practice Standards and the Osteopathy Benchmark statement.
- Instrumental in informing Senior Management strategy concerning the provision of future full-time and part-time pre-registration courses, and in informing strategic direction regarding overseas collaborations.

Oxford Brookes University, School of Health and Social Care, UK

**Programme Leader for Osteopathy**

**2009-2010**

- Managed the university pre-registration osteopathy provision; led a team of academics and clinicians.
- Participated in a range of interprofessional activities across the school and university.
- Liaised with a range of external stakeholders both in the UK and overseas.
- Led a team of academics and clinicians.

Oxford Brookes University, School of Health and Social Care, UK

**Research Leader for Osteopathy**

**2008-2010**

- Planned, implemented and evaluated osteopathic research related activities at the university.

- Member of the National Council for Osteopathic Research in representation of Oxford Brookes University.
- Research active member of staff; member of the research committee and ethics committee.
- Supervised undergraduate and postgraduate research work.

Oxford Brookes University, School of Health and Social Care, UK

**Senior Lecturer in Osteopathy**

**2002-2010**

- Participated in a variety of teaching, research, curriculum development and external stakeholder activities.
- Recognised excellence in teaching, learning and assessment practices.
- Instrumental in the development, planning, implementation and evaluation of the osteopathy pre-registration provision.
- Led the team responsible for the development of the first Master of Osteopathy (M.Ost) programme in the UK, working at all appropriate levels within the university to ensure successful planning and implementation of the project.

Oxford Medical School, University of Oxford, UK

**Visiting Lecturer in Osteopathy**

**2003-2010**

Oxford Brookes University, School of Health and Social Care, UK

**Clinical Education Coordinator, Osteopathy**

**2002-2004**

- Led the team responsible for the development of the university osteopathy teaching clinic including the appointment of staff.
- Planned, implemented and evaluated the clinical education provision including its underpinning pedagogic framework.
- Led a team of clinical educators.

Oxford Brookes University, School of Biological and Molecular Sciences, UK

**Lecturer in Osteopathy**

**1999-2002**

- Participated in a variety of teaching, learning and assessment, curriculum development and external stakeholder activities.

Oxford School of Osteopathy, Lisbon, Portugal

**Lecturer in Osteopathy**

**1994-1999**

- Participated in a variety of teaching, learning and assessment activities.

Escola Superior de Ciencias Naturais e Homeopaticas, Lisbon, Portugal

**Lecturer in Osteopathy**

**1997-1999**

- Participated in a variety of teaching, learning and assessment activities.

**RELATED ACADEMIC EXPERIENCE**

Middlesex University, London, UK

**External Examiner, Osteopathy**

**2007-2012**

International Journal of Osteopathic Medicine, Elsevier, Oxford, UK

**Member of the International Editorial Board**

**2008 – 2013**

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|---|--------------------|
| Institute D'Osteopathie Dauphine, Paris, France<br><b>External Examiner, Osteopathy</b>   | <b>2011 – 2015</b> |
| Ecole Supérieure d'Ostéopathie, Paris, France<br><b>External Examiner, Osteopathy</b>   | <b>2013 – 2016</b> |
| Istituto Superiore di Osteopatia, Milan, Italy<br><b>External Examiner, Osteopathy</b>  | <b>2014 – 2016</b> |
| Escuela de Osteopatia de Argentina, Buenos Aires, Argentina<br><b>External Examiner, Osteopathy</b>                               | <b>2016 –</b>      |
| Manual Therapy, Elsevier, Oxford, UK<br><b>Reviewer</b>   | <b>2007 –</b>      |
| International Journal of Osteopathic Medicine, Elsevier, Oxford, UK<br><b>Reviewer</b>  | <b>2007 –</b>      |
| European Journal of Integrative Medicine, Elsevier, Oxford, UK<br><b>Reviewer</b>   | <b>2012 –</b>      |
| Chiropractic & Manual Therapies, BioMed Central<br><b>Reviewer</b>  | <b>2013 –</b>      |
| Advances in Health Sciences Education, Springer<br><b>Reviewer</b>  | <b>2013 –</b>      |
| International Journal of Educational Policy Research and Review<br><b>Reviewer</b>  | <b>2014 –</b>      |
| Journal of Yoga & Physical Therapy<br><b>Reviewer</b>   | <b>2014 –</b>      |
| BMC Medical Education, BioMed Central<br><b>Reviewer</b>  | <b>2014 –</b>      |
| PLOS, ONE<br><b>Reviewer</b>  | <b>2014 –</b>      |
| Scandinavian Journal of Medicine and Science in Sports<br><b>Reviewer</b>   | <b>2016 –</b>      |
| Journal of Neurological Sciences, Elsevier<br><b>Reviewer</b>   | <b>2016 –</b>      |
| Commission for Osteopathic Research, Practice and Promotion, Belgium<br><b>Member of External Board of Scientific Counsellors</b> | <b>2012 –2015</b>  |

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|--|--------------------|
| Buckinghamshire New University, Uxbridge, UK<br><b>External reviewer for Istituto Superiore di Osteopatia (ISO), Milan, osteopathy programme</b> | <b>2013 – 2014</b> |
| General Osteopathic Council, London, UK<br><b>Examiner of clinical competence: overseas applicants</b>   | <b>2003 –2013</b>  |
| Higher Education Academy – Health Sciences and Practice, Kings College, London, UK<br><b>Subject Adviser for Osteopathy</b>                      | <b>2001 – 2011</b> |
| National Council for Osteopathic Research, London, UK<br><b>Member: representative of Oxford Brookes University</b>                              | <b>2003 – 2010</b> |
| Brookes E-Journal of Learning and Teaching, Oxford, UK<br><b>Member of the Editorial Advisory Board</b>  | <b>2004 – 2010</b> |
| Oxford Brookes University, UK<br><b>Member of Principal Lecturers in Learning and Teaching Committee</b>   | <b>2004 – 2010</b> |

## CLINICAL EXPERIENCE

*Current appointments*

|   |               |
|---|---------------|
| Osteopathic Health Centre, Dubai, UAE<br><b>Osteopath, Medical Director</b> | <b>2016 –</b> |
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*Previous appointments*

|   |                    |
|---|--------------------|
| Nina Manston & Associates, Oxford, UK<br><b>Osteopath</b>                                   | <b>2004 – 2016</b> |
| Body Matters Clinic, London, UK<br><b>Osteopath</b>   | <b>2015 – 2016</b> |
| The Wallingford Therapy Clinic, Wallingford, UK<br><b>Osteopath</b>                         | <b>2005 – 2014</b> |
| Oxford Brookes University, School of Health and Social Care, Oxford, UK<br><b>Osteopath</b> | <b>1999 – 2005</b> |
| Centro Clinico Desportivo, Setubal, Portugal<br><b>Osteopath</b>                            | <b>1993 – 1999</b> |
| Team Osteopath, Portuguese Athletic Federation, Lisbon, Portugal<br><b>Osteopath</b>        | <b>1997 – 1999</b> |

## RESEARCH RECORD

*Published papers*

1. *Esteves, JE, Geake J and Spence C (2008). Multisensory integration in an osteopathic clinical examination setting. International Journal of Osteopathic Medicine 11(4): 159-159.*

2. Esteves JE, Wheatley L, Mayall C, Abbey H (2013). Emotional processing and its relationship to chronic low back pain: results from a case-control study. *Manual Therapy* 18 (6): 541-546.
3. Esteves JE, Bennison M, Thomson OP (2013). Script Concordance Test: Insights from the literature and early stages of its implementation in osteopathy. *International Journal of Osteopathic Medicine* 16(4): 231-239.
4. Esteves JE, Spence C (2014). Developing competence in diagnostic palpation: Perspectives from neuroscience and education. *International Journal of Osteopathic Medicine* 17(1): 52-60
5. Abbey A, Esteves JE, Vogel S, Tyreman S (2014). Assessing criticality in student research: preliminary results from a new educational activity. *International Journal of Osteopathic Medicine* 17(1): 12-21.
6. Esteves JE, Spence C (2014). Diagnostic palpation and decision making: A neurocognitive model of expertise. *Russian Osteopathic Journal* 1-2 (24-25): 92-109.
7. Spadaccini, J, Esteves JE (2014). Intuition, analysis and reflection: An experimental study into the decision-making processes and thinking dispositions of osteopathy students. *International Journal of Osteopathic Medicine* 17(4): 263-271.
8. Ribera d'Alcala C, Webster DG, Esteves JE (2015). Interoception, body awareness and chronic pain: results from a case-control study. *International Journal of Osteopathic Medicine* 18(1): 22-32.  
10.1016/j.ijosm.2014.08.003.
9. Luciani E, van Dun PLS, Esteves JE, Lunghi C, Petracca M, Papa L, Merdy O, Jäkel A, Cerritelli F (2015). Learning Environment, Preparedness and Satisfaction in Osteopathy in Europe: The PreSS Study. *PLoS ONE* 10(6): e0129904
10. Esteves JE (2015). Embodied clinical decision making in osteopathic manipulative medicine. *American Academy of Osteopathy Journal* 25 (2), 13-6.
11. Esteves, JE (2016). Chronic Back Pain and Emotional Processing. *Bone Joint J* 98-B, no. SUPP 6.
12. Hohenschurz-Schmidt D, Esteves JE, Thomson OP, (2016). Tensegrity and manual therapy practice: A qualitative study. *International Journal of Osteopathic Medicine*, 21(1): 5-18. DOI:  
<http://dx.doi.org/10.1016/j.ijosm.2016.02.001>
13. McGlone F, Cerritelli, F, Walker S, Esteves J (2017). The role of gentle touch in perinatal osteopathic manual therapy. *Neuroscience & Biobehavioral Reviews*, 72: 1-9. DOI:  
<http://dx.doi.org/10.1016/j.neubiorev.2016.11.009>
14. Simpson PA, Mars, T, Esteves, JE (2017). A systematic review of randomised controlled trials using Acceptance and commitment therapy as an intervention in the management of non-malignant, chronic pain in adults, *International Journal of Osteopathic Medicine* (2017), 24(2): 18-31. DOI:  
<http://dx.doi.org/10.1016/j.ijosm.2017.03.001>
15. Pires RCCK, Rocha, NS, Esteves, JE, Rodrigues, M, (2017). Use of pressure dynamometer in the assessment of the pressure pain threshold in trigger points in the craniocervical muscles in women with unilateral



*migraine and tension-type headache: An observational study. International Journal of Osteopathic Medicine (2017), 26(4):28-35. DOI: <http://dx.doi.org/10.1016/j.ijosm.2017.03.003>*

16. Noyer A, Esteves JE, Thomson OP (2017). Influence of perceived difficulty of cases on student osteopaths' diagnostic reasoning: a cross sectional study. *Chiropractic & Manual Therapies 2017*: 25-32. <https://chiromt.biomedcentral.com/track/pdf/10.1186/s12998-017-0161-z?site=chiromt.biomedcentral.com>
17. Formica A, Thomson OP, Esteves JE (in press). "I just don't have the tools" - Italian osteopaths' attitudes and beliefs towards the management of patients with chronic pain: A qualitative study. *International Journal of Osteopathic Medicine 2017*, DOI: <http://dx.doi.org/10.1016/j.ijosm.2017.11.001>

#### Manuscripts currently under review

1. Macdonald RJD, Esteves JE, Ford MA (submitted) The beliefs and attitudes of Osteopaths in the UK towards chronic pain and the management of chronic pain sufferers - a cross-sectional questionnaire based survey. *International Journal of Osteopathic Medicine*.
2. McIntyre, C, Lathlean, J, Esteves, JE (submitted) Osteopathic clinical reasoning: An ethnographic study of perceptual diagnostic judgments and metacognition. *International Journal of Osteopathic Medicine*.

#### Published books and theses

1. Esteves JE de J (2011). *Diagnostic Palpation in Osteopathic Medicine: A Putative Neurocognitive Model of Expertise*. Oxford Brookes University. Oxford, UK.

#### Published articles (non-peer reviewed)

1. Esteves JE, Vignaux JJ, Beckman E, Hennebicq JF (2015). Laterality and postural asymmetries in fencing. *The Sword, British Fencing*. London, UK.
2. Perez Garrote R, Esteves JE (2015). Acute effects of dehydration on fatigue and performance in fencers. *The Sword, British Fencing*. London, UK.
3. Esteves JE, Thomson OP, Esteves NK (2016). Psychological readiness to return to competition after injury in fencing. *The Sword, British Fencing*. London, UK.

#### Published abstracts

1. Esteves J, Geake J, Spence C (2007). How do osteopaths use their senses in an osteopathic clinical examination? Poster Presentation at AMEE 2007 Association for Medical Education in Europe Conference 25-29<sup>th</sup> August 2007. Trondheim, Norway.
2. Esteves J, Geake J, Spence C (2007). How do osteopaths use their senses in an osteopathic clinical examination? Poster Presentation at Oxford Autumn School in Cognitive Neuroscience, University of Oxford, September. Oxford, UK.
3. Esteves J, Spence C and Geake, J (2007). How do osteopaths use their senses in an osteopathic clinical examination? Poster Presentation at Body Representation Workshop, University of Trento, October 2007. Rovereto, Italy.

4. *Esteves J, Geake J, Spence C (2008). Knowledge representation, causality and analogical reasoning in osteopathic medicine: results from a lexical decision-task. Platform Presentation at Osteopathy 2008, Osteopathic learning and practice – a global future, General Osteopathic Council, 3<sup>rd</sup> February 2008. London, UK.*
5. *Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting. Platform Presentation at School of Health and Social Care, Oxford Brookes University, 6<sup>th</sup> June 2008. Oxford, UK.*
6. *Esteves J, Spence C and Geake, J (2008). Knowledge representation, causality and analogical reasoning in osteopathic medicine. Platform Presentation at School of Health and Social Care, Oxford Brookes University, 6<sup>th</sup> June 2008. Oxford, UK.*
7. *Esteves J, Geake J, Spence C (2008). Investigating knowledge representation, causality and analogical reasoning in osteopathic medicine. Platform Presentation at AMEE 2008 Association for Medical Education in Europe Conference 30<sup>th</sup> August-3<sup>rd</sup> September 2008. Prague, Czech Republic.*
8. *Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting. Poster Presentation at International Multisensory Research Forum, University of Hamburg, 16-19<sup>th</sup> July 2008. Hamburg, Germany.*
9. *Esteves J, Spence C and Geake, J (2008). Multisensory integration in an osteopathic clinical examination setting. Platform Presentation at International Conference on Advances in Osteopathic Research, Lake Erie College of Osteopathic Medicine, 5-7<sup>th</sup> September 2008. Florida, USA.*
10. *Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting. Poster Presentation at Oxford Autumn School in Cognitive Neuroscience, University of Oxford, September. Oxford, UK*
11. *Esteves J, Spence C (2010). Am I imagining things? Eyes closure during a clinical examination improves diagnostic reliability in experienced osteopaths. Body Representation Workshop, Goldsmiths University of London, 30<sup>th</sup> March.*
12. *Esteves J, Spence C (2010). Investigating the role of vision and touch in the diagnosis of somatic dysfunction. Platform Presentation at International Conference on Advances in Osteopathic Research, Italian College of Osteopathic Medicine, 28<sup>th</sup>-30<sup>th</sup> May 2010 in Milan, Italy.*
13. *Mayall C, Esteves J (2010). Emotional processing and its contribution to chronic lower back pain – a pilot study. Platform Presentation at International Conference on Advances in Osteopathic Research, Italian College of Osteopathic Medicine, 28<sup>th</sup>-30<sup>th</sup> May 2010 in Milan, Italy.*
14. *Esteves J, Spence C (2010). Eyes closure during a clinical examination reduces diagnostic variability in experienced osteopaths. Poster Presentation at International Multisensory Research Forum, University of Liverpool, 16-19<sup>th</sup> June 2010. Liverpool, UK.*
15. *Esteves J, Spence C (2011). The role of biomedical knowledge in osteopathic clinical decision making. Platform Presentation at AMEE 2011. Association for Medical Education in Europe Conference 29<sup>th</sup> – 31<sup>st</sup> August 2011. Vienna, Austria.*

16. Esteves J, Spence C (2011). *Am I imagining things? Eyes closure during palpation improves diagnostic consistency in experienced osteopaths*. Platform Presentation at ICOM 2011. 1<sup>st</sup> October 2011. Potsdam, Germany.
17. Esteves J (2012). *Diagnostic palpation in osteopathic medicine: A putative neurocognitive model of expertise*. Platform Presentation at AMEE 2012. Association for Medical Education in Europe Conference 27<sup>th</sup> –29<sup>th</sup> August 2012. Lyon, France.
18. Esteves JE, Wheatley L, Mayall C, Abbey A (2012). *Emotional processing, suppression and chronic low back pain: results from a case-control study*. Poster Presentation at International Conference on Advances in Osteopathic Research, British College of Osteopathic Medicine, 14<sup>th</sup>-16<sup>th</sup> September 2012 in London, UK.
19. Esteves JE, Mathias E, Ford M, Abbey A (2012). *Emotional processing and chronic neck pain: results from a case-control study*. Poster Presentation at International Conference on Advances in Osteopathic Research, British College of Osteopathic Medicine, 14<sup>th</sup>-16<sup>th</sup> September 2012 in London, UK.
20. Abbey A, Esteves JE, Vogel S, Tyreman S (2013). *Assessing criticality in student research: preliminary results from a new educational activity*. Platform Presentation at International Osteopathic Education Conference 2013: Preparing Tomorrow's Osteopaths – Designing and Implementing and Osteopathic Curriculum, London, UK.
21. Ribera d'Alcala C, Esteves JE, Webster D (2013). *Interoception, body awareness and chronic pain: preliminary results from a case-control study*. Platform Presentation at International Conference of Osteopathic Medicine, 27<sup>th</sup> – 29<sup>th</sup> September 2013, Pescara, Italy.
22. Burato E, Esteves JE (2013). *Touch in osteopathy: an exploration of its role in diagnosis and treatment*. Platform Presentation at International Congress of Osteopathy: Structure & Function – Principles, Models and Evidence, 15<sup>th</sup>-17<sup>th</sup> November 2013, Milan, Italy.
23. Esteves JE, Bennison M, Thomson OP (2014). *Implementation and evaluation of the Script Concordance Test in osteopathy*. Platform Presentation at Ottawa Conference and Canadian Conference on Medical Education, 25<sup>th</sup>-29<sup>th</sup> April 2014, Ottawa, Canada.
24. Esteves JE, Bennison M (2014). *Script Concordance Test: A novel computer based tool to assess clinical reasoning in osteopathy*. Symposium Presentation at OSEAN Open Forum: Innovation in Osteopathic Education, 31<sup>st</sup> May-1<sup>st</sup> June 2014. Barcelona, Spain.
25. Esteves JE, Bennison M (2014). *Script Concordance Test: A novel computer based tool to assess clinical reasoning in osteopathy*. Workshop at OSEAN Open Forum: Innovation in Osteopathic Education, 31<sup>st</sup> May-1<sup>st</sup> June 2014. Barcelona, Spain.
26. Burato E, Esteves JE (2015). *Touch in Osteopathy: an Exploration of its Role in the Clinical Setting*. Platform Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20<sup>th</sup>-22<sup>nd</sup> March 2015, London, UK.
27. Milan, M, Esteves JE (2015). *The Relevance of Oxytocin in Manual Therapy: A Critical Narrative Review*. Poster Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20<sup>th</sup>-22<sup>nd</sup> March 2015, London, UK.

28. Cerritelli F, Esteves JE (2015). *Could affective touch be therapeutic? A manual medicine perspective. Poster Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20<sup>th</sup>-22<sup>nd</sup> March 2015, London, UK.*
29. Abbey, H, Esteves JE, Nanke L (2015). *Exploring the potential role of affective touch in grounding manual therapy interventions for patients with persistent pain. Platform Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20<sup>th</sup>-22<sup>nd</sup> March 2015, London, UK.*
30. Esteves JE (2015). *Chronic back pain and emotional processing. Platform presentation at The Society for Back Pain Research Annual Conference, 5<sup>th</sup>-6<sup>th</sup> November 2015, Bournemouth, UK.*
31. Esteves JE (2015). *Chronic pain and emotional processing. Platform presentation at Symposium: Emotional processing; new developments in medicine, psychology and psychosomatic at British Psychological Society, Division of Clinical Psychology Annual Conference, 2<sup>nd</sup>-4<sup>th</sup> December 2015, London, UK.*
32. Macdonald RJD, Esteves JE, Ford MA (2017) *The beliefs and attitudes of Osteopaths in the UK towards chronic pain and the management of chronic pain sufferers - a cross-sectional questionnaire based survey. Platform Presentation at Emirates Osteopathic Conference, 17-18<sup>th</sup> February 2017, Dubai, UAE.*
33. Formica A, Thomson OT, Esteves JE (2017). *Italian osteopaths' attitudes and beliefs towards the management of patients with chronic pain: a qualitative study. Platform Presentation at International Conference on Advances in Osteopathic Research, 21<sup>st</sup>-23<sup>rd</sup> April 2017, Milan, Italy.*
34. Iacopini A, Cerritelli F, Esteves JE (2017). *Ho do Italian osteopaths' treat and manage tension-type headaches: a qualitative study. Poster Presentation at 18<sup>th</sup> Congress of the International Headache Society Conference on Advances in Osteopathic Research, 7<sup>th</sup>-10<sup>th</sup> September 2017, Vancouver, Canada.*

#### *Unpublished work*

1. Esteves J (2004). *Clinical Reasoning in Osteopathy: A Comparative Study of Experienced and Advanced Beginner Practitioners. Unpublished Masters Dissertation. Oxford Brookes University. Oxford, UK.*

#### *Invited presentations*

1. Esteves J (1996). *O Ombro em Osteopatia (An Osteopathic Approach to Shoulder Dysfunctions), Conference Presentation. Associacao Colegial Portuguesa de Osteopatas, Universidade Moderna, Lisbon, Portugal.*
2. Esteves J (1997). *Cadeias Musculares e Prevencao de Lesoes de Sobrecarga (Muscles Chains, Prevention and treatment of overuse injuries). Keynote presentation. Portuguese Athletic Federation, Lisbon, Portugal.*
3. Esteves J (1998). *Estabilidade da Bacia e Prevencao e Tratamento de Lesoes de Sobrecarga na Marcha Atletica (Pelvic Stability, An Osteopathic Approach to the Treatment and Prevention of Overuse Injuries in Race Walking). Dissemination of research findings from study conducted with the Portuguese Race Walking Team, between March and October 1998, Portuguese Athletic Federation, Lisbon, Portugal.*
4. Esteves J (2003). *Clinical reasoning and reflective practice in osteopathic practice, Keynote presentation GEDOP, Lisbon, Portugal.*

5. *Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting. Invited Presentation at Osteopathy 2008, Osteopathic Research Conference, General Osteopathic Council, 1<sup>st</sup> February 2008. London, UK.*
6. *Esteves J (2010). 'Looking inside the 'black box': investigating processes in osteopathic education and practice'. 1as Jornadas Lusofonas Osteopatia e Saude, 6<sup>th</sup> November 2010, Lisbon, Portugal.*
7. *Esteves J, Spence, C (2010) Investigating how osteopaths use their senses in the diagnosis of somatic dysfunction. 1as Jornadas Lusofonas Osteopatia e Saude. Portugal. 6<sup>th</sup> November 2010.*
8. *Esteves J (2011). Diagnostic reasoning in osteopathy: types of knowledge and reasoning strategies. Low back pain conference. BSO, London. May 2011.*
9. *Esteves JE (2011). Diagnostic palpation in osteopathic medicine: A putative neurocognitive model of expertise. Keynote Presentation at OSEAN Open Forum: Teaching Palpation 29<sup>th</sup> September 2011. Potsdam, Germany.*
10. *Esteves JE (2012). Diagnostic palpation in osteopathy: expertise, intuition and decision making. Invited presentation at Manchester Metropolitan University One-day Philosophy Workshops on Evidence, Values and Practice, 6<sup>th</sup> November 2012. Crewe, UK.*
11. *Esteves JE (2012). Palpation in osteopathy: expertise, multisensory perception and interoceptive awareness. Keynote Presentation at 9<sup>th</sup> International Osteopathic Symposium in Nantes, 16<sup>th</sup> November 2012. Nantes, France.*
12. *Esteves JE, Abbey, H (2012). Critical thinking in osteopathy: promoting capacity development in research and scholarship. Workshop at 9<sup>th</sup> International Osteopathic Symposium in Nantes, 16<sup>th</sup> November 2012. Nantes, France.*
13. *Esteves JE, Thomson OP (2013). Clinical Reasoning: Biomedical knowledge, osteopathic concepts, intuition and rationality in osteopathic clinical decision making. Workshop at International Osteopathic Education Conference 2013: Preparing Tomorrow's Osteopaths – Designing and Implementing and Osteopathic Curriculum, London, UK.*
14. *Esteves JE (2013). Diagnostic palpation and decision making in osteopathy. 3as Jornadas Lusofonas Osteopatia e Saude, 4th May 2013, Lisbon, Portugal.*
15. *Esteves JE (2013). Emotional processing and its relationship to chronic low back pain: results from a case-control study. 1<sup>st</sup> Research Symposium: Manual Therapy and Musculoskeletal Medicine at British School of Osteopathy, 22<sup>nd</sup> May 2013, London, UK.*
16. *Esteves JE (2013). Chronic pain and perception of self: complementary diagnostic and treatment approaches in osteopathic practice. Workshop at Osteopathy Open 2013: The Role of Structural and Functional Disorders in the Formation of Disease, 14<sup>th</sup> - 16<sup>th</sup> June, 2013, Saint Petersburg State University, St. Petersburg, Russia.*

17. Esteves JE (2013). *Perception of self and chronic pain: Implications for osteopathic diagnosis and treatment. Keynote Presentation at Osteopathy Open 2013: The Role of Structural and Functional Disorders in the Formation of Disease, 14<sup>th</sup>- 16<sup>th</sup> June, 2013, Saint Petersburg State University, St. Petersburg, Russia.*
18. Esteves JE (2013). *Touch as an epigenetic stimulus for the central nervous system. Keynote Presentation at International Conference of Osteopathic Medicine, 27<sup>th</sup> – 29<sup>th</sup> September 2013, Pescara, Italy.*
19. Esteves JE (2013). *Palpation in osteopathy: towards an embodied model of clinical decision making. Keynote Presentation at 16<sup>th</sup> International VOD Congress: Find the Health – Perception, Palpation, Diagnosis, 4<sup>th</sup>-6<sup>th</sup> October 2013, Bamberg, Germany.*
20. Esteves JE (2013). *Developing palpatory competence through guided reflection. Workshop at 16<sup>th</sup> International VOD Congress: Find the Health – Perception, Palpation, Diagnosis, 4<sup>th</sup>-6<sup>th</sup> October 2013, Bamberg, Germany.*
21. Esteves JE (2013). *Palpō ergo sum – “I palpate, therefore I am”: On an embodied model of decision making. Keynote Presentation at International Congress of Osteopathy: Structure & Function – Principles, Models and Evidence, 15<sup>th</sup>-17<sup>th</sup> November 2013, Milan, Italy.*
22. Esteves JE (2014). *Evidence informed osteopathic care: challenges and opportunities. Keynote Presentation at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 10th May. Lisbon, Portugal.*
23. Esteves JE (2014). *Promoting safety and effectiveness in osteopathic care through clinical decision making: insights from educational and cognitive science. Keynote Presentation at OSEAN Open Forum: Innovation in Osteopathic Education, 31th May-1st June 2014. Barcelona, Spain.*
24. Esteves JE (2015). *Pain - neuroscience, patient evaluation, treatment and education. Workshop at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 29th May. Lisbon, Portugal.*
25. Esteves JE (2015). *Emotional processing and regulation in chronic pain sufferers: An osteopathic perspective. Keynote Presentation at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 30th May. Lisbon, Portugal.*
26. Esteves JE (2015). *Embodied clinical decision-making, palpation and touch in osteopathy. Keynote Presentation at National Osteopathic Archive History Society Symposium on Touch and Palpation in Osteopathy, 26th September. London, UK.*
27. Esteves JE (2016). *Emotional Processing and Regulation in Chronic Pain Sufferers. Keynote Presentation at MindBody|BodyMind Conference, 24<sup>th</sup> April 2016. Vienna, Austria.*
28. Esteves JE (2016). *Touch in Osteopathic Evaluation and Treatment. Keynote Presentation at MindBody|BodyMind Conference, 24<sup>th</sup> April 2016. Vienna, Austria.*
29. Esteves JE (2016). *Medical education and osteopathy: the state of the art in Europe. Keynote Presentation at Italian Register of Osteopaths Conference, 26-27<sup>th</sup> May 2016. Milan, Italy.*
30. Esteves JE (2016). *Integrated Osteopathic Care of Chronic Pain Sufferers. Keynote Presentation at 2<sup>nd</sup> Asia Pacific Conference of Osteopathic Medicine, 1<sup>st</sup>-3<sup>rd</sup> October 2016. Jangheung, South Korea.*

31. *Esteves JE (2016). Osteopathic Evaluation and Treatment in Headache Sufferers. Keynote Presentation at 2<sup>nd</sup> Asia Pacific Conference of Osteopathic Medicine, 1<sup>st</sup>-3<sup>rd</sup> October 2016. Jangheung, South Korea.*
32. *Esteves JE (2016). Chronic Pain, Emotional Processing and Osteopathy. Keynote Presentation at COME Quantum Conference 2016, 8<sup>th</sup> October 2016. Mechelen, Belgium.*
33. *Esteves JE (2017). Role of Touch in Perinatal Osteopathic Care. Keynote Presentation at Emirates Osteopathic Conference, 17-18<sup>th</sup> February 2017, Dubai, UAE.*
34. *Esteves JE, Al Aqeel N (2017). Osteopathic Care of Older Adults: Promoting Health and Wellbeing. Keynote Presentation at Emirates Osteopathic Conference, 17-18<sup>th</sup> February 2017, Dubai, UAE.*
35. *Esteves JE (2017). Role of Touch in Osteopathic Care. Keynote Presentation at French Register of Osteopaths Conference, 11<sup>th</sup> March, Lyon, France.*
36. *Esteves JE (2017). Physiological and psychological effects of touch in osteopathic care. Keynote Presentation at COME Quantum Conference 2017, 30<sup>th</sup> September- 1<sup>st</sup> October 2017, Barcelona, Spain.*
37. *Esteves JE (2017). Principles guiding osteopathic thought and practice: Osteopathic clinical Reasoning. Keynote Presentation at International & Interdisciplinary Symposium of Osteopathy 2017, Osteopathic Philosophy and Models: from Theory to Practice, 17<sup>th</sup>- 19<sup>th</sup> November 2017, Berlin, Germany.*
38. *Esteves JE (2017). Embodied clinical decision making in osteopathy: the hand as a crucial instrument of the mind. Workshop at International & Interdisciplinary Symposium of Osteopathy 2017, Osteopathic Philosophy and Models: from Theory to Practice, 17<sup>th</sup>- 19<sup>th</sup> November 2017, Berlin, Germany.*
39. *Esteves JE (2017). Osteopathic care of long-term sufferers: from pain management to restoration of capacity and agency. Workshop at International & Interdisciplinary Symposium of Osteopathy 2017, Osteopathic Philosophy and Models: from Theory to Practice, 17<sup>th</sup>- 19<sup>th</sup> November 2017, Berlin, Germany.*

*Other presentations/conferences organised*

1. *Member of the organising committee/reviewer for the Osteopathic Research Conference, Osteopathy 2008, organised by the General Osteopathic Council on the 1<sup>st</sup> February 2008 and Osteopathic Learning and Practice – a global future, organised by the General Osteopathic Council and British School of Osteopathy on the 3<sup>rd</sup> February 2008.*
2. *Chair for platform presentations at the Osteopathic Learning and Practice conference and the International Conference on Advances in Osteopathic Research, organised by the Lake Erie College of Osteopathic Medicine and British College of Osteopathic Medicine on the 5-7<sup>th</sup> September 2008 in Bradenton, Florida, USA.*
3. *Keynote speaker at the College of Osteopaths (COET) research conference, November 2008.*
4. *Chair for platform presentations at the International Conference on Advances in Osteopathic Research, organised by the Italian College of Osteopathic Medicine and British College of Osteopathic Medicine on the 28<sup>th</sup>-30<sup>th</sup> May 2010 in Milan, Italy.*

5. *Member of the scientific committee for the International Conference of Osteopathic Medicine, 27<sup>th</sup> – 29<sup>th</sup> September 2013 in Pescara, Italy.*
6. *Member of the organising committee of the 1<sup>st</sup> Emirates Osteopathic Conference, 17<sup>th</sup>-18<sup>th</sup> February 2017.*
7. *Member of the scientific committee for the Spanish Register of Osteopaths International Conference, 1<sup>st</sup>-3<sup>rd</sup> June 2018.*
8. *Member of the organising committee of the Osteopathic International Alliance/2<sup>nd</sup> Emirates Osteopathic Conference/Quantum Conference, 28<sup>th</sup>-29<sup>th</sup> September 2018.*

*Research funding*

Oxford Brookes University

**2-year teaching fellowship (£7,000)****2004 – 2006***Doctoral research supervision*

University of Bedfordshire

Director of Studies – Ms Cindy McIntyre

*'Reflective practice study of osteopathic professional practice: clinical reasoning and perceptual diagnostic judgements'***2013 – 2016**

## MEMBERSHIPS

Registered with the General Osteopathic Council (3/4004/F)

Registered with Dubai Health Authority (DHA-P-0169730)

Registered with Dubai Healthcare City Authority (DC0071-17)

Member of the Emirates Medical Association (17-771)

Member of the Institute of Osteopathy

Member of the Society for Back Pain Research

Fellow of the Higher Education Academy

Affiliated Member of the Brazilian Register of Osteopaths (RBrO 134)

Honorary Member of the French Register of Osteopaths

## LANGUAGES

Portuguese – native language

English – speak fluently and read/write with high proficiency

Spanish – speak, read, and write with basic competence

French – speak, read with basic competence

Italian – speak, read with basic competence

## VOLUNTEER EXPERIENCE

World Junior Championships in Athletics, Lisbon, Portugal

July 1994

Responsibilities: Management of athletes and officials' accommodation.

European Cup in Athletics, Lisbon, Portugal

June 1996

Responsibilities: Management of athletes and officials' accommodation and logistics.



European Cross Country Championships, Lisbon, Portugal  
December 1996

Responsibilities: Management of athletes and officials' accommodation and logistics.

Oxford Fencing Club

June 2009 - 2015

Responsibilities: Committee member, chairman

Portuguese Fencing Federation

February 2012 - 2016

Responsibilities: Osteopath - provided support to the Portuguese team at the European Cadet and Junior Championships in 2012 in Porec, Croatia, in 2013 in Budapest, Hungary, and in 2015 in Maribor, Slovenia; and at the World Cadet and Junior Championships in 2012 in Moscow, Russia and in 2013 in Porec, Croatia.

British Fencing

February 2012 - 2014

Responsibilities: Osteopath - provided support to the British team at the European Cadet and Junior Championships in 2012 in Porec, Croatia and in 2013 in Budapest, Hungary; and at the World Cadet and Junior Championships in 2012 in Moscow, Russia and in 2013 in Porec, Croatia.